



CORTIVA INSTITUTE

## Professional Massage Therapy Program Consumer Information

CIP Code (Classification of Instructional Programs)	51.3501
SOC Code	31-9011.00 Massage Therapists <a href="http://www.onetonline.org/link/summary/31-9011.00">http://www.onetonline.org/link/summary/31-9011.00</a>

**Program Description:** This comprehensive massage therapy program prepares students to become successful practicing bodyworkers by giving students a broad knowledge of both therapeutic and clinical techniques. Students learn an eclectic style of therapeutic massage that is based on Swedish theory, which gives them a solid foundation for mastering many different bodywork techniques. They are taught a wide range of bodywork therapies that includes sports massage, reflexology, deep tissue, myofascial techniques, neuromuscular assessment and therapy, lymphatic and Russian sports massage, injury techniques, trigger point therapy, and cranial sacral therapy. The program includes courses in anatomy, physiology, pathology and kinesiology, as well as integrative assessment and documentation. Students gain a solid understanding of the body, enabling them to effectively communicate with other health care professionals and create comprehensive treatment programs for their clients. Professional ethics and communication are taught through Cortiva Institute’s business and career development classes, along with training in laws and regulations.

### Objectives:

- ❖ To develop the personal and professional potential of students so they enter the field as therapists who will offer a quality of service that will be sought after by both clients and employers.
- ❖ To instill in students a client-centered approach to bodywork.
- ❖ To train students in the theory and technique of a balanced blend of bodywork therapies and prepare them to seek gainful employment working as massage therapists or in related fields supported by the training received within the program and recognized by the state.
- ❖ To prepare students with sufficient training in the theory and technique of massage therapy and bodywork to sit for the Massage & Bodywork Licensing Exam (MBLEX) or other state recognized licensing/certification exam.

**Nature of the Work, Working Conditions and Physical Requirements:** Ability to sit or stand for long periods of time, manual dexterity, steady hands, ability to advise clients with a friendly, courteous personality.

### Safety Requirements:

- ❖ Adherence to the highest standards of sanitation, disinfection and sterilization
- ❖ Proper use of equipment and chemicals
- ❖ Practice basic hygiene, well-groomed and professional appearance
- ❖ All rules and regulations of Cortiva Institute must be followed

*More Information about this career can be found at the following website:* <http://www.onetonline.org/link/summary/31-9011.00>

### Cortiva Institute- Cromwell, CT Student Graduation Rates (COMTA Rates)

The retention rate below represents students who completed their program of study at Cortiva Institute during the reporting period.

Program Name	Students Available for Graduation	Number of Graduates	Completion Rate	Reporting Range
Professional Massage Therapy	77	54	70%	4/1/2020-3/31/2021

### Cortiva Institute – Cromwell, CT Student Employment Rates (COMTA Rates)

The employment rates below include the number of graduates employed in a training related field. Note: Students who are unavailable for work or pursuing further education are not calculated in the percentages.

Program Name	Students Available for Employment	Number of Graduates Employed	Employment Rate	Reporting Range
Professional Massage Therapy	53	37	70%	4/1/2020-3/31/2021

*Graduation and Employment rate calculations above are as of 2/1/2023, as required by the Commission on Massage Therapy Accreditation (COMTA).* The reports are updated annually, and the information is available to all students upon request.

National Median Compensation cited from U.S. Bureau of Labor Statistics for Massage Therapist in 2021 is \$46,910 annual. <https://www.bls.gov/ooh/healthcare/massage-therapists.htm>

### ADDITIONAL DISCLOSURES (printed or also available on provided website):

- ❖ National Center for Education Statistics- IPEDS Data <https://nces.ed.gov/ipeds/datacenter/InstitutionByName.aspx>
- ❖ Center Campus Safety and Security Data <https://ope.ed.gov/campussafety/#/institution/details>

**This program is designed to meet the applicable licensing and registration requirements in Connecticut only. \*Each State has different requirements that you may be required to meet in order to obtain or transfer your applicable license or registration. Please contact the Student Services Department if you have any questions or concerns regarding the criminal history and/or other licensure requirements.**



CORTIVA INSTITUTE

## Esthetics Training Program Consumer Information

CIP Code (Classification of Instructional Programs)	12.0414
SOC Code	39-5094.00 Skincare Specialist <a href="https://www.onetonline.org/link/summary/39-5094.00">https://www.onetonline.org/link/summary/39-5094.00</a>

**Program Description:** The Esthetics Training program focuses on the prevention, correction, and overall health and beauty of the skin while counteracting the aging process. Emphasis will be placed on areas applicable to body and facial treatments using industry standard equipment, tools, and modalities. Students will engage in hands-on treatment techniques and procedures in a clinical spa setting as part of their practical training. The 600-clock hour program includes 200 clock hours of classroom training (Academic Instruction) and 400 clock hours of lab hours (Practical Applications) while under the supervision of a qualified instructor.

### Objectives:

The Esthetics Training Program prepares the student to meet the educational requirements for State Licensure as an Esthetician. Upon successful completion of the program a diploma will be awarded, and the student is eligible for licensure as an Esthetician with the Connecticut Department of Public Health. Students should learn to administer chemical peels or assist in the post-operative healing phase using camouflage therapy and manual lymphatic drainage. In the spa setting, the graduate shall have the ability to perform facials, waxing, makeup applications and advanced concepts in skin analysis, the integumentary system, and disorders of the skin. The program prepares students for entry-level employment as an Estheticians in a spa, dermatologist office, esthetician treatment centers and med spas.

**Nature of the Work, Working Conditions and Physical Requirements:** Ability to sit or stand for long periods of time, manual dexterity, steady hands, ability to advise clients with a friendly, courteous personality.

### Safety Requirements:

- ❖ Adherence to the highest standards of sanitation, disinfection and sterilization
- ❖ Proper use of equipment and chemicals
- ❖ Practice basic hygiene, well-groomed and professional appearance
- ❖ All rules and regulations of Cortiva Institute must be followed

*More Information about this career can be found at the following website:* <https://www.onetonline.org/link/summary/39-5094.00>

### Cortiva Institute- Cromwell, CT Student Graduation Rates (COMTA Rates)

The retention rate below represents students who completed their program of study at Cortiva Institute during the reporting period.

Program Name	Students Available for Graduation	Number of Graduates	Completion Rate	Reporting Range
Esthetics Training	60	48	80%	11/1/2020-10/31/2021

### Cortiva Institute – Cromwell, CT Student Employment Rates (COMTA Rates)

The employment rates below include the number of graduates employed in a training related field. Note: Students who are unavailable for work or pursuing further education are not calculated in the percentages.

Program Name	Students Available for Employment	Number of Graduates Employed	Employment Rate	Reporting Range
Professional Massage Therapy	48	34	71%	11/1/2020-10/31/2021

*Graduation and Employment rate calculations above are as of 2/1/2023, as required by the Commission on Massage Therapy Accreditation (COMTA).* The reports are updated annually, and the information is available to all students upon request.

National Median Compensation cited from U.S. Bureau of Labor Statistics for Skincare Specialist in 2021 is \$37,300 annual.  
<https://www.bls.gov/ooh/personal-care-and-service/skincare-specialists.htm>

### ADDITIONAL DISCLOSURES (printed or also available on provided website):

- ❖ National Center for Education Statistics- IPEDS Data <https://nces.ed.gov/ipeds/datacenter/InstitutionByName.aspx>
- ❖ Center Campus Safety and Security Data <https://ope.ed.gov/campusafety/#/institution/details>

**This program is designed to meet the applicable licensing and registration requirements in Connecticut only. \*Each State has different requirements that you may be required to meet in order to obtain or transfer your applicable license or registration. Please contact the Student Services Department if you have any questions or concerns regarding the criminal history and/or other licensure requirements.**